

I will not give up,  
because I deserve  
to be the best me.

NotSoFitGirl.com

I may be the  
problem, but I'm  
also the solution.

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Do what you can, when  
you can, and then do  
just a little more.

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If you want it bad enough,  
stop making excuses and  
make it happen.

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If it's worth having, it's  
worth working and  
sweating for.

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I'm not there yet.  
But I'm closer than I was  
yesterday.

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Do what you can, when  
you can, and then do  
just a little more.

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Push **YOURSELF**.  
No one is gonna  
do it for you.

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